



## Chicken & Prawn Salad with Rice, Avocado, Mango and Sweet Chilli Sauce

- 1 x family size packet SunRice Fragrant Brown Rice in 2½ minutes
  - 1 small iceberg lettuce, shredded
  - 1 bunch mint, chopped
  - 1 bunch coriander, chopped
  - 400g chicken breast, grilled and sliced
  - 400g king prawns, cooked and peeled
  - 1 avocado
  - 1 mango
  - 4 limes
  - 4 tbsp sweet chilli sauce
- Heat** rice in the microwave for 2½ minutes as per packet instructions
- Combine** the lettuce, mint and coriander and divide between serving bowls
- Arrange** over the top of the rice, followed by the cooked chicken, prawns, avocado and mango
- Drizzle** over the lime juice and top with the sweet chilli sauce

Serves 4  
Prepared and cooked  
in 10 minutes



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### Fragrant Brown Rice

SunRice Fragrant Brown Rice in 2½ minutes made with wholegrain brown rice, is a source of vitamin (Niacin B3) and minerals for vitality, and a good source of dietary fibre.

