



Chow Mein with Egg Fried Rice

1 x 450g packet SunRice
Egg Fried Rice in 2½ minutes

1 tbsp olive oil

1 tbsp ginger, grated

2 garlic cloves, chopped

400g lean beef mince

250g mushrooms, sliced

2 tbsp soy sauce

4 tbsp mirin

4 spring onions, sliced

2 tbsp coriander, chopped

Sauté ginger, garlic, and mince in oil for 3 minutes or until brown

Add mushrooms and cook for another 2 minutes stirring occasionally

Microwave rice as per pack instructions

Stir in rice, soy sauce, mirin, spring onion and coriander to pan and serve meal

Option: Replace beef with veal or chicken

Serves 4

Cooked in 10 minutes



www.10minutemeals.com.au

Family Size Egg Fried Rice
SunRice Oriental Style Egg Fried Rice in 2 ½ minutes. is specially prepared
with a delicious blend of scrambled egg, vegetables and rice.

