



## Mushroom & White Bean Stroganoff with Brown Rice

1 x 300g SunRice  
Heat & Serve Brown Rice  
in Tray in 2 minutes

2 tbsp olive oil

1 onion, sliced thin

500g mushrooms, halved

2 tsp paprika

¼ cup vegetable stock

400g tin cannellini beans, drained

3 tbsp light sour cream

2 tbsp parsley, chopped

Steamed broccolini to serve

**Sauté** mushrooms and onion in oil over medium heat until golden brown. Add paprika and stir through

**Mix** in stock, beans and sour cream

**Microwave** rice as per pack instructions

**Stir** parsley into pan

**Serve** meal with steamed broccolini

Serves 3

Cooked in 10 minutes



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### Heat & Serve Brown Rice in Tray

SunRice Heat & Serve Brown Rice in Tray in 2 minutes, made with wholegrain brown rice, is a source of vitamin (Niacin B3) and minerals for vitality, and a good source of dietary fibre.

