



Chicken Rice and Green Pea Fritters

Substitute Cheese and Mushroom
Rice with 1 x 250g packet
SunRice Roast Flavoured Chicken
Rice in 90 Seconds
185g tin tuna, drained
2 eggs beaten
1 spring onion, sliced
1/4 cup frozen green peas

Microwave rice for 90 seconds as per packet instructions

Combine rice with the tuna, egg, spring onion and peas

Heat a non-stick frying pan over medium heat and spray lightly
with a little olive oil

Add spoonfuls of the rice mixture into the pan and cook for
3 minutes or until golden

Serve alone or with tomato relish and a side salad

Serves 2

Cooked in 10 minutes



www.10minutemeals.com.au

Roast Chicken Flavoured Rice

Experience a family favourite with Roast Flavoured Chicken Rice. Specially prepared with a delicious blend of roasted chicken flavour, corn, capsicum and rice – the result is a delicious, mouth watering meal in just 90 seconds.

